

# DORKING SC NEWSLETTER

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January 28 2009

**Well done** to all swimmers who took part in the Robins relay gala last Saturday. As expected it was very hot and very hectic but as always most enjoyable. Dorking finished a little disappointingly in 4th place but it was still a great performance by so many swimmers. Especial thanks are due to that silver tongued orator Keith Carter, who not only did a great job putting the team together but when he found how few open boys were available persuaded his own lads to turn up on the night! Many thanks therefore to Ben, Sam and Joe Carter. Thanks also to another masters swimmer Alex Perrin who came to the gala straight from K2 where he had been competing all day in the SE region masters competition. And of course a big thank you to all those volunteers who helped on the night to ensure the gala ran smoothly.

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Dorking has a celebrity in its midst.....  
masters swimmer Terry Lazenby was awarded the MBE in the New Year honours list and will shortly be on his way to the Palace to meet the Queen.  
WOW!  
Well done Terry!

## ADVANCE NOTICE

Please read the list of important dates carefully and mark up your calendars now!!  
Please note especially.....

### Club Championships (some dates still tbc)

50m sprints	28 March
100m	11 and 12 July
400 F/S	5 November
400 IM	19 November
200m	29/30 November
800m	15 December
1500m	19 December

### National Swimming League

Round One	10 October
Round Two	14 November
Round Three	12 December



It is with considerable regret that we have to report the resignation from the club of the Hornsey family. Since arriving from Leatherhead some 4 years ago all three of the family have been great supporters of, ambassadors for and volunteers within the club. Most recently Stan has been at the helm of the committee as chairman and Sarah very efficiently headed the running of the Dorking Open Meet last year. Tom has been a popular member of the Delta squad, turning out regularly for the team in galas and open meets. They will all be missed and we wish them all well for the future.



Shark squad – remember that on Fridays you should now be going to Priory to swim, 6pm 'til 7pm.

Parents and swimmers – you must ensure that the changing rooms are cleared as quickly as possible after the session as the Masters squad follow on and also require use of the facilities.

### **GOOD LUCK TO.....**

**All our swimmers taking part in this year's Surrey County Championships. This series of galas kicks off this weekend with the gruelling long distance events at Aldershot 50m pool.**

**Congratulations** to club captain Tom Williams who competed in the prestigious Burns Meet last weekend at Ponds Forge. He swam an impressive PB of 25.05 for 50m freestyle to take 7th place in his age group (41 competitors). **Well done!!**

### **Calling all would-be officials – again! please read on.....**

There is a Surrey County judges course (level one) starting on 8th February. If you are interested please contact Amanda Doyle immediately on [shamp.family@ntlworld.com](mailto:shamp.family@ntlworld.com) This involves just the one classroom session (on 8th February) followed by many practical sessions at galas of your choice.

As stated in last week's newsletter it is hugely important that the club gains some more technical officials or very soon we will not be able to run in-house galas (including club championships) due to lack of officials, so parents and carers please come forward and volunteer.

You do not need any prior technical knowledge of swimming in order to train, just a keen eye and enthusiasm. It is rather a long drawn out process but consequently not time consuming in the short term. The club will shortly be running a taster evening on a club night lasting about an hour, so if you would like to come and find out more about it please respond to Amanda on [shamp.family@ntlworld.com](mailto:shamp.family@ntlworld.com) .

There will also be a club timekeepers course very soon, please email Amanda if you are interested. This course has a minimum age of only 14, so it is expected that some of our senior swimmers should apply.

If anyone has any queries please email [shamp.family@ntlworld.com](mailto:shamp.family@ntlworld.com)

**Cranleigh Open Meet** - well done to all the swimmers who took part in this meet last Sunday. It was a long and exhausting day but a hugely successful one. There were many great swims and lots of PBs and speeding tickets. Full results will be available on the website shortly.

**Surrey Youth Games – a date for your diaries! This will take place on Sunday 21 June at Spectrum. The team will comprise boys and girls who are currently in school years 5 and 6. Please keep this date free if you meet these criteria. Team selection will be notified nearer the time.**

## **Volunteers required!!** (now there's a surprise).

Yes folks its arm twisting time again – metaphorically that is. Coming up in April is the club's AGM at which committee members are elected. Remember our club is run by volunteers, so please consider stepping forwards and joining the merry band who keep the wheels on the chariot turning for the benefit of the swimmers. No particular expertise is required, just a willingness to turn up to monthly committee meetings and assist in decision making. Enthusiasm is also an advantage as is the willingness to muck in and help out when a crisis looms.

This year we specifically need someone to take over the position of secretary as our wonderfully efficient incumbent is stepping down, for more details of this post please speak to Justine Pirt. If you would like more information generally before committing yourself please contact acting chairman Andy Cook or speak to another current committee member (Ros Bailey, Amanda Doyle, Ian Mason).

***MASTERS NEWS*** - Last weekend saw the South East Region Long Course Masters meet take place at K2. This was a totally exhausting weekend (particularly for those foolish enough to enter every session), covering all events from 50m up to 800m. It was however a very successful time for the 18 strong masters squad under the guidance of coach Phil Sears. Unfortunately the squad was depleted by illness resulting in the forced withdrawal of a number of relay teams. The squad amassed an impressive 40 medals - 10 gold, 17 silver and 13 bronze (including 2 relay golds and 2 bronzes).

### *Gold medal winners were:*

<i>Jon Gray</i>	<i>50 breaststroke</i>
<i>Brian Hosking</i>	<i>50 freestyle</i>
<i>Alex Perrin</i>	<i>100 breaststroke</i>
<i>David Shamp</i>	<i>50 and 100 butterfly</i>
<i>Meera Siva</i>	<i>50 and 100 breaststroke</i>
<i>Sonja Wood</i>	<i>200 butterfly</i>

### *Other medal winners were:*

<i>Sheena Bassett</i>	<i>1 bronze</i>
<i>Andy Cook</i>	<i>4 silver, 1 bronze</i>
<i>Amanda Doyle</i>	<i>3 silver, 1 bronze</i>
<i>Phil Farr</i>	<i>1 bronze</i>
<i>Jon Gray</i>	<i>1 bronze</i>
<i>Brian Hosking</i>	<i>2 silver, 2 bronze</i>
<i>Terry Lazenby</i>	<i>1 bronze</i>
<i>Sue Norman</i>	<i>4 silver, 1 bronze</i>
<i>Graham Reeve</i>	<i>1 silver</i>
<i>Phil Sears</i>	<i>1 silver, 2 bronze</i>
<i>Meera Siva</i>	<i>1 silver</i>
<i>David Shamp</i>	<i>1 silver</i>

*Also swimming but just outside the medals this time were Duncan Biggs, Amy Greene, Wendy Mountford.*








***WELL DONE ALL MASTERS SWIMMERS!***

## IMPORTANT DATES 2009

Thursday 29 January	SSSA boys individual secondary champs	Trinity, Croydon
Saturday 31 January	SCWP&SA County Championships	Aldershot
Sunday 1 February	SCWP&SA County Championships	Aldershot
Saturday 7 February	SCWP&SA County Championships	Elmbridge
Sunday 8 February	SCWP&SA County Championships	Elmbridge
Thursday 12 February	SSSA girls individual secondary champs	Trinity, Croydon
Saturday 14 February	Sudbury Masters Valentines Meet	Sudbury
Saturday 14 February	SCWP&SA County Championships	Spectrum Guildford
Sunday 15 February	SCWP&SA County Championships	Spectrum
Saturday 28 February	SCWP&SA County Championships (relays)	Spectrum
Sunday 1 March	SCWP&SA County Championships (relays)	Spectrum
Saturday 7 March	Charity swimarathon	Dorking
Saturday 7 March	Bracknell Masters Meet	Bracknell
Saturday 7 March	SSSA "Its a fish out"	Dorking
Saturday 14 March	Moyce Cup (under 14s)	Dorking
Saturday 14 March	Wey League round 2	Tba
Saturday 14 March	SSSA Primary teams	Spectrum
Sunday 15 March	South East Region modern biathlon	tbc
Friday 20 March	SSSA secondary intercounty	Sevenoaks
Saturday 28 March	Club Championships – 50m sprints	City of London Freemen's School

Saturday 18 April	Annual General Meeting and Social	tbc
Saturday 25 April	Rother League round one	Bracknell
Saturday 25 April	SSSA Inter-district primary champs	Spectrum
Saturday/Sunday 2/3 May	ASA SE Region Youth championships	Aldershot
Friday 8 May	SSSA primary intercounty	Sevenoaks
Saturday 9 May	Luke Lawless gala	Dorking
Sunday 10 May	Haslemere B grade meet (under 12s)	Haslemere
Saturday/Sunday 30/31 May	ASA SE Region Bagcats championships	K2
Saturday 6 June	Rother League round two	Southampton
Saturday/Sunday 13/14 June	ASA SE Region Bagcats championships	K2
Saturday 20 June	Rother Junior Trophy (under 14s)	Waterlooville
Friday/Saturday/Sunday 19/20/21 June	GB Masters (long course)	Cardiff
Sunday 21 June	Surrey Youth Games	Spectrum
Saturday 27 June	Surrey County Masters Championships	Elmbridge
Saturday 4 July	ZNA gala (under 15s)	Dorking
Saturday/Sunday 11/12 July	100m Club Championships	City of London Freemen's School
Sunday 12 July	Brighton pier to pier	Brighton
Sunday 19 July	Summer Social and Presentations	tba
Saturday/Sunday 18/19 July	Barnet distance masters meet	Barnet
Saturday 19 September	Rother League round three (incl masters)	Crawley

## Current Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>DORKING SC</b>	<b>28<sup>th</sup> Jan</b> Training: Sharks, Senior, and Delta Youth/Senior and Masters	<b>29<sup>th</sup> Jan</b> Club Night Training: All squads except Minnows	<b>30<sup>th</sup> Jan</b> Training: Sharks, Youth, Senior, All Delta, Masters	<b>31<sup>st</sup> Jan</b> Training: All squads except Shrimps  Surreys 	<b>1<sup>st</sup> Feb</b>  Surreys 
<b>2<sup>nd</sup> Feb</b> Training: Sharks, Pre-Squad, Youth, All Delta, Masters	<b>3<sup>rd</sup> Feb</b> Training: Youth, Senior, All Delta, Masters	<b>4<sup>th</sup> Feb</b> Training: Sharks, Senior, and Delta Youth/Senior and Masters	<b>5<sup>th</sup> Feb</b> Club Night Training: All squads except Minnows	<b>6<sup>th</sup> Feb</b> Training: Sharks, Youth, Senior, All Delta, Masters	<b>7<sup>th</sup> Feb</b> Training: All squads except Shrimps  Surreys   Closing date Bracknell Masters	<b>8<sup>th</sup> Feb</b>  Surreys 
<b>29<sup>th</sup> Feb</b> Training: Sharks, Pre-Squad, Youth, All Delta, Masters	<b>10<sup>th</sup> Feb</b> Training: Youth, Senior, All Delta, Masters	<b>11<sup>th</sup> Feb</b> Training: Sharks, Senior, and Delta Youth/Senior and Masters	<b>12<sup>th</sup> Feb</b> Club Night Training: All squads except Minnows	<b>13<sup>th</sup> Feb</b> Training: Sharks, Youth, Senior, All Delta, Masters	<b>14<sup>th</sup> Feb</b> Training: All squads except Shrimps  Surreys   	<b>15<sup>th</sup> Feb</b>  Surreys 
<b>16<sup>th</sup> Feb</b> Training: Sharks, Pre-Squad, Youth, All Delta, Masters  School Holiday 	<b>17<sup>th</sup> Feb</b> Training: Youth, Senior, All Delta, Masters  School Holiday 	<b>18<sup>th</sup> Feb</b> Training: Sharks, Senior, and Delta Youth/Senior and Masters  School Holiday 	<b>19<sup>th</sup> Feb</b> Club Night Training: All squads except Minnows  School Holiday 	<b>20<sup>th</sup> Feb</b> Training: Sharks, Youth, Senior, All Delta, Masters  School Holiday  Masters Isle of Wight 	<b>21<sup>st</sup> Feb</b> Training: All squads except Shrimps  Masters Isle of Wight 	<b>22<sup>nd</sup> Feb</b>