



DORKING SWIMMING CLUB



Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pre squad	Priory 5-6pm			DSC 6.30-7pm		DSC 8-9am	
Sharks	Priory 6-7pm		St Teresa's 6-7pm	DSC 7-7.45pm	Priory 6-7pm	DSC 8-9am	
Youth	Priory 7-8pm	CLF's 7-8.30pm		DSC 7.45-8.30pm	DSC 7-8.30pm	DSC 9-10am	
Seniors	CLF's 6.15-7.45pm	CLF's 7-8.30pm		DSC 8.30-9.30pm	DSC 7-8.30pm	DSC 9-10am	
Delta	CLF's 6.15-7.45pm	St Teresa's 6.30-8.30	St Teresa's 7-9pm	DSC 8.30-9.30pm	DSC 7-8.30pm	St Teresa's 8-10am	

Please be on poolside 10 minutes before the start of your session and have all your equipment and drink. Please only attend the sessions of the squad you are a member of. Movement between sessions will be entirely at the Head Coach's discretion. Please check the website for any changes to sessions during the holidays and last minute cancellations.