

**Essex Masters Open Championships  
- 9th May 2009**

**Ladies 400m Free**

Amanda Doyle	F	5:52.28	2nd
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**Men 50m Back**

Jon Gray	B	35.30	2nd
David Shamp	F	35.94	1st
Brian Hosking	G	40.02	2nd

**Mens 50m Fly**

David Shamp	F	32.03	2nd
Brian Hosking	G	36.51	5th

**Mens 100m IM**

Brian Hosking	G	1:23.84	3rd
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**Ladies 50m Free**

Amanda Doyle	F	36.51	2nd
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**Mens 50m Breast**

Jon Gray	B	35.74	4th
David Shamp	F	39.08	2nd
Brian Hosking	G	44.90	3rd

**Mens 100m Free**

Jon Gray	B	1:02.55	2nd
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**Ladies 200m Free**

Amanda Doyle	F	2:50.14	2nd
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**Mens 400m Free**

Brian Hosking	G	5:44.86	2nd
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**Ladies 50m Back**

Amanda Doyle	F	43.84	2nd
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**Mens 100m Breast**

Jon Gray	B	1:18.00	3rd
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**Mens 100m Back**

Jon Gray	B	1:16.50	1st
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**Mens 50m Free**

Jon Gray	B	28.21	5th	
David Shamp	F	29.75	3rd	
Brian Hosking	G	30.44	2nd	MCR

**Ladies 100m Free**

Amanda Doyle	F	1:20.32	2nd
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**Mens 200m Free**

David Shamp	F	2:26.16	2nd	MCR
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