

DSC Home Galas

Gala	Date/Age Gps	Description:	Time Limits
Robins Relay	January U12 U14 U16 Open	As the title suggests this is a relay gala with no individual swims whatsoever. As well as within age group relays, there are also squadron relays which involve one boy and girl from each age group swimming together in a relay team. Because there are so many relays we usually need extra help poolside for this one!	No
Moyce Cup	March/April U10 U12 U14	This gala is aimed at our less experienced competitive swimmers. All individual races are 50m and there are a number of within age and squadron relays (see above).	Yes, C grade
Luke Lawless	May U12 U14 U16 Open	Along with the Biwater Cup this is a key gala for our top competitive swimmers and attracts good quality competition from other clubs.	No
ZNA	July U11 U13 U15	This gala is pitched between the Moyce Cup and Luke Lawless in terms of times. Also we vary the age groups here so swimmers who find themselves on the young side of the previous age groups are more likely to get a swim.	Yes, B grade
Bi Water Cup Pre-Speedo	September As per current NSLS (Speedo) League rules.	This gala acts as an important springboard for the autumn competitive season. We often enter two teams to maximise the number of swimmers getting back into competition after the summer break. This gala follows the NSLS rules, programme and age groups.	No